

MELISSA J. QUIGLEY

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Professional Summary

I have worked over 10 years as a school psychologist in public school settings. My experience as a school psychologist includes individual counseling, group counseling, grade level and classroom wide social emotional instruction, intervention innovation and implementation, data analysis, conflict resolution, team management, behavior management, and comprehensive psycho-educational assessments and reports. What sets me apart from others is how I deeply care about each case, how I seek to personalize my approach to each situation, how I navigate conflict, and how I make complex information meaningful and applicable to others. Most recently, I have expanded my areas of expertise to working with teenagers with acute diagnoses such as anxiety and depression.

Mission Statement

My mission is to operate with compassion and integrity and to provide professional educational and psychological services to help change the lives of children and families.

Skills

- Psycho-educational assessment
- Problem solving
- Active listening
- Organization
- Skill building
- Creative thinking
- Public speaking
- Teamwork

Experience

Licensed Educational Psychologist

Jan 2023 - Current

Owner, Solutions for Life Counseling Services - Santa Barbara, California

- Administer psycho-educational assessments for the purpose of diagnosis and intervention recommendations
- Provide individual, group and/or family counseling related to learning or vocational challenges and with the goal of improving outcomes
- Consult with schools, staff, families, or organizations related to systems development, skill development, or social emotional and behavioral interventions
- Serve as student and family advocate and liaison with schools and/or other providers
- Offer family, staff, and classroom trainings

Elementary Lead School Psychologist

Aug 2019 - Current

Santa Barbara Unified School District - Santa Barbara, CA

- Organize and plan monthly department meetings and agendas
- Serve as liaison between colleagues and administrators
- Follow up with appropriate resources to pursue department questions and challenges
- Help advocate for and coordinate relevant training and professional development

School Psychologist

Aug 2012 - Current

Santa Barbara Unified School District - Santa Barbara, CA

- Administer and evaluate psycho-educational tests
- Interpret and report on test results and discuss findings with teachers, administrators and parents
- Provide individual and group counseling sessions
- Administer crisis intervention assessments and provide services
- Specialize in evaluating systems wide thinking, planning, and evaluation
- Conduct school wide needs assessment and create/develop interventions such as lunch bunch groups or peer buddy reading program
- Provide staff and classroom trainings
- Calmly facilitate high tension discussions and conflicts
- Participate in various committees (e.g., Psychologist EML Work Group, MTSS Committee, Wellness Team, Technology Use Committee, and Student Success Team)

Education

Educational Psychologist License: #4308

Jan 2023

Board of Behavioral Sciences - Sacramento, CA

Master of Arts: Education

May 2012

Fresno Pacific University - Fresno, CA

Pupil Services Credential: School Psychology

May 2011

Fresno Pacific University - Fresno, CA

Bachelor of Arts: Psychology

Mar 2003

University of California, Davis - Davis, CA

Affiliations

Screen Time Action Network, 2022-Present

Mental Health Work Group, 2023-Present

Screens in Schools Work Group, 2022-Present

California Association of School Psychologists, 2010-Present

Central Coast Association of School Psychologists, 2015-Present

Philanthropic Educational Organization, 2011-2013

Central Valley Affiliate of the California Association of School Psychologists, 2010-2012

Accomplishments

Conference Presenter, "Screens in Schools: Risks, Benefits, and Advocating for Change," California Association of School Psychologists, October 2022.

Co-Author, "Student and Family Language Experience Interview", School Psychology Department, SBUSD, May 2021.

Contributing Author, Pattern of Strengths and Weaknesses Section, Specific Learning Disability Manual SELPA, August 2015.

Contributing Author, Specific Learning Disability Manual SELPA, Updated Version, 2023.

Service and Interests

Co-Chair, Mental Health Work Group, Screen Time Action Network, 2023-Present

Co-Founder, TechWiseSB, 2022-Present

Member, Screens in Schools Chromebook Project Subcommittee, 2022-Present

Member, Screens in Schools Pediatric Outreach FairPlay Subcommittee, 2022-Present

Member, SELPA SLD Manual Work Group, 2022-Present

Co-Host, TidyTech Podcast, 2022-2023

Member, SBUSD Technology Use Committee, 2022-2023

President, Central Coast Association of School Psychologists, 2016-2018

Founding Board Member and Co-Chair Social Committee, Central Coast Association of School Psychologists, 2015-2016